



Balfour Medical Centre 92 Balfour Road, Ilford, Essex IG1 4JE

Monday 25th September 2017

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Please contact us for more details.

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Service Provider	Balfour Medical Centre 92 Balfour Road, Ilford, Essex IG1 4JE
Contact Details	Practice manager- Darshna Davda
Date/time of visit	Monday 25 <sup>th</sup> September 2017, 11.30am -13.00pm
Type of visit	Announced visit
Authorised representatives undertaking the visits	Hyacinth Osborne Suhasini Winter
Contact details	Healthwatch Redbridge  1 <sup>st</sup> Floor  103 Cranbrook Road Ilford, Essex IG1 4PU  020 3874 4120

# **Acknowledgements**

Healthwatch Redbridge (HWR) would like to thank the staff and patients at Balfour Medical Centre for their contribution to the Enter & View programme.

# **Disclaimer**

Please note that this report related to findings observed during our visit made on Monday 25<sup>th</sup> September 2017.

Our report is not a representative portrayal of the experiences of all service users and staff, only an account of what was observed and contributed at the time of the visits.

## What is Enter & View?

Part of the local Healthwatch programme<sup>1</sup> is to carry out Enter & View visits. Enter & View visits are conducted by a small team of trained volunteers, who are prepared as 'Authorised Representatives' to conduct visits to health and social care premises.

#### Enter & View is the opportunity for Healthwatch Redbridge to:

- Enter publicly funded health and social care premises to see and hear first-hand experiences about the service.
- Observe how the service is delivered, often by using a themed approach.
- Collect the views of service users (patients and residents) at the point of service delivery.
- Collect the views of carers and relatives through evidence based feedback by observing the nature and quality of services.
- Report to providers, the Care Quality Commission (CQC), Local Authorities, Commissioners, Healthwatch England and other relevant partners.

Enter & View visits are carried out as 'announced visits' where arrangements are made with the service provider, or, if certain circumstances dictate, as 'unannounced' visits.

Enter & View visits can happen if people tell us there is a problem with a service but, equally, they can occur when services have a good reputation - so we can learn about and share examples of what a service does well.

### Introduction

Healthwatch Redbridge (HWR) is conducting Enter & View visits to all GP practices across Redbridge as part of our work programme during July to October 2017.

Last year, Healthwatch Redbridge organised a series of workshops for practice managers across Redbridge, Havering, Barking and Dagenham to inform them about the Accessible Information Standard<sup>2</sup>. These visits are an opportunity for HWR to discover if the standards have been implemented across the borough.

### **Accessible Information Standard**

This standard aims to ensure that people who have a learning disability, communication impairment or sensory loss are provided with information that they can understand. They should also be able to receive support so that they can communicate effectively with health and social care services.

From 1<sup>st</sup> August 2016, all organisations that provide NHS or social care must follow the standard by law. For organisations to effectively implement the standard, they need to consider their policies, procedures, human behaviour and where applicable, electronic systems.

## Purpose of the visit

The visits were planned to evaluate whether GP practices across Redbridge are implementing the standards thereby ensuring that the needs of people with communication impairments are being met.

In addition to the workshop organised for practice managers, HWR also ran workshops for people with communication impairments. The feedback continues to show that people are not receiving information in a way that they can understand.

An example of when a patient's need was not met was when she asked her GP practice to provide information in large print but they continued to give her regular font. On one occasion, she missed her appointment because the letter that the surgery sent to her was not in the right font meaning that she was unable to read it.

<sup>&</sup>lt;sup>2</sup> https://www.england.nhs.uk/wp-content/uploads/2015/07/access-info-upd-july-15.pdf

NHS England reviewed the Accessible Information Standard during January-March 2017. Their subsequent report<sup>3</sup> found that many participants felt that the standard could have a significantly greater impact than it has done to date. This suggests that monitoring its compliance is necessary.

These visits will identify any areas where improvements could benefit patients. There is also an opportunity for Healthwatch to share examples of good practice found in GP surgeries across Redbridge. It is hoped that our findings will support practices in improving their services and making reasonable adjustments to meet patients' health care needs.

### **Strategic Drivers:**

- Part of Healthwatch Redbridge's work plan 2017-18
- Implementation of NHS Accessible Information Standards
- Seldom heard groups and the way in which they are supported to communicate are of particular interest to local Healthwatch.

## Methodology

Each Enter & View visit was announced. All 46 GP practices were informed about the visit and given about three weeks' notice of the time period that the visit will take place. The practices were not given the specific time and date but rather given a two week time frame. Information provided prior to the visit included a brief summary of the visit and the role of the attendees.

Prior to the visit, HWR staff members worked with authorised representatives to prepare questions that will be used during the visit. There were three separate set of questions: one for lead staff member, one for other staff members and one for service users.

Each visit involved observing the external and internal areas of the surgery. Representatives had the opportunity to identify any issues or challenges that someone with an impairment might face when using the facilities in the surgery.

Where possible, the representatives spoke to the practice manager, other staff members such as the receptionist and nurses and service users. Due to the specific nature of the visit, it wasn't always possible to speak to patients with communication impairments.

<sup>&</sup>lt;sup>3</sup> https://www.england.nhs.uk/wp-content/uploads/2017/07/accessible-Info-std-review-report.pdf

At the end of the visit, staff members were informed that a draft report would be sent to them. A draft report was sent to each GP practice and they were given 20 working days to respond with their comments.

## Reviewing website accessibility

In addition to visiting the GP practices, all the practice websites were checked to find out whether they are accessible for people with communication impairments.

Three volunteers assessed each website using a checklist (Appendix 1) devised by HWR staff members. Two of the volunteers who reviewed the website had communication impairments; one of the volunteers was Deaf and the other volunteer has Asperger's Syndrome.

### Results of website review

The practice does not have a website.

### Results of the visit

### Observations made outside the premises:

- Signage to the premises is clear and unobstructed.
- There are no designated accessible parking spaces.
- There is a ramp available.

#### Observations made inside the premises:

- Trip hazards were identified. Two mats at the entrance were hazardous.
- There was no signage informing patients of the direction to the toilet. The toilet door does not have a picture on it.
- The noticeboards were not cluttered but some of the notices were illegible.
- A complaints/ compliments procedure was available on the noticeboard. There was no mention of its availability in different formats such as large print.
- There was a glass screen separating staff from patients however a gap was available for patients to speak to staff.
- There is no hearing loop sign in reception.
- The surgery has an electronic screen to inform patients of their appointment.
- There is no poster informing patients about the Accessible Information Standard and asking them to inform staff about their communication impairment.
- The fire alarm does not have a light as well as sound.
- The fire exists were clearly signed in words and pictures.

### Speaking to the practice manager

- The practice manager said that patients are asked about their communication needs when they first register at the surgery. A representative was shown the registration form which has a question asking patients about whether they have any sensory impairment.
- With regards to finding out about the needs of existing patients, information on patients are updated regularly.
- Patient's needs are recorded on the EMIS database<sup>4</sup>.
- When a patient presents at reception, any information noted about their communication needs pops up.
- Doctors and nurses are informed about a patient's communication needs by the pop up system.
- The surgery does not have a hearing loop.

<sup>&</sup>lt;sup>4</sup> EMIS is an electronic patient health record system used by many GPs

- The practice manager said that staff members have accessed some training using Blue Stream Academy however it was not clear whether they have received training with regards to deaf awareness, communication training and easy read training.
- Staff members are able to provide patients with large print information if they ask for it.
- With regards to people with a learning disability, staff ask carers to attend the appointments with them.
- There is a communications book available.
- The surgery is able to record any communication needs of the next of kin/carer.

#### Speaking to patients

A representative spoke to three patients during the visit.

- Two patients said that they registered with the surgery many years ago and are unable to remember whether they were asked about their communication impairments.
- One patient said that he was asked whether he had any hearing problems and problems with his sight.
- None of the patients had any communication impairments and were unable to provide any additional information.

### Recommendations

1. The surgery should consider having a website so that patients can access any necessary information on there. This website should be accessible to people with communication impairments.

#### Patients should be able to:

- Change the size of the text; some people with a visual impairment need information in a large font size.
- Change the colour of the background; some people cannot read text if there is insufficient contrast between text and background.
- Navigate the whole website without a mouse; some people who are blind/partially sighted with mobility impairments rely on the keyboard.
- Use the sitemap button, as this will make it easier for people with communication impairments to find information on the website.
- Access website information via screen readers and translation software (such as Browesaloud®<sup>5</sup>) especially for people with visual impairments.

### Provider Response:

At present we do not have any funds to have the website.

- 2. Although we understand that people with communication needs often attend appointments with their carers; staff should reduce reliance on carers, family and friends to relay information to the individual. This is because it compromises a patients' right to privacy and dignity.
- 3. Signage directing patients to the toilets should be available.
- 4. The surgery should consider changing the fire alarms so that there is a flashing red light as well when the alarm sounds. This will allow Deaf people to know when the fire alarm goes off.

Provider Response:

When we have funding we will consider this.

<sup>&</sup>lt;sup>5</sup> https://www.texthelp.com/en-gb/products/browsealoud/

5. The complaints/compliments procedure should be available in a variety of formats such as large print for patients.

Provider Response:

We have done this now and this is also available in large print on request.

6. The surgery should get a hearing loop system and provide training for staff members on how to use the hearing loop.

Provider Response:

We now have a hearing loop.

7. The surgery should display a poster about the Accessible Information Standard on the noticeboard. If possible, this information should be available on an A3 poster.

Provider Response:

We have an A4 poster in waiting room.

## **Service Provider Responses**

We would like to thank Balfour Medical Centre for the responses made and Healthwatch Redbridge has incorporated them within this report where appropriate.

#### **Distribution**

- Balfour Medical Centre
- Redbridge Clinical Commissioning Group
- Barking, Havering and Redbridge Quality Surveillance Group
- Care Quality Commission
- Healthwatch England

## Appendix 1 - Website accessibility checklist

### Website accessibility checklist

Questions	
Can you change the text size?	Yes No
	Comments
Can you change the colour of the background?	Yes No Comments
Does the website have a "sitemap" button?	Yes No Comments
Are there keyboard shortcuts? / Can you navigate the website without a mouse?	Yes No Comments
Does the website have audio content?	Yes No Comments
Is the website content written in "plain English"?	Yes No Comments
Additional comment	

## Appendix 2 - Observation sheets

GUIDANCE For Enter & View to GP Surgeries Re: Acce	Re: Accessible Information	Signs in various formats including pictures (e.g. on	Yes No
Observation Checklist		tollet doors - are they clear/contrasting/pictures/	Comments:
Name of Surgery:		Interaction between staff and service users; are	Yes No
Name of Authorised Representative:		they facing service user whilst talking to them using body language to communicate as well as verbal	ments
Date:		communication, is plain language - is plain	
4.			
Observations/Questions		Complaint/compliments procedure information is	Yes No
Getting to the Service:		available in alternative formats - for patients &	
There is sufficient and clear signage to the premises being whited: signs are clear, unobstructed and	Yes No	relatives - is it on the noticeboard	Comments:
easily readable	Comments:		
		Are the noticeboards cluttered, and are the notices easily legible	Yes No
There is accessible & sufficient parking available	Yes No	1	Comments:
close to the entrance - drop off point directly outside the entrance	Comments:		
		Is there a hearing loop sign?	Yes No
A ramp/lift is available, or there is a working	Yes No		Commonter
people off uneven surface	Comments:		-
		Does the surgery have an electronic screen to	
Fire alarms have a light as well as sound	Yes No	inform patients of their appointment - if so what	
	Comments:	colour are the screen and writing - does it show room no. Doctor name - is it audio as well as visual	
Fire exits clearly signed in various formats.	Yes No		
Words		Further Comments:	
Pictures	Comments:	Please provide any relevant information about accessible information	
Within the premises:			
Are there trip hazards/sharp edges/furniture in pathway (both permanent & temporary)	Yes No		
	Comments:		

## Appendix 3 - Questions for lead staff

Yes No Comments Yes No Comments	Comments Comments	Yes No Comments Yes No	Comments	Comments		within 20 cessary.			
15. Are you able to access:  • BSL (British Sign Language) interpreters  • \$\frac{1}{2}\text{ignal}\text{ong}\text{ (based on BSL)}  • MAKATON (a language programme using signs	and symbols to help people to communicate) 16. Where/which organisations might you access the above if you use them?	17. Do you have a communication book?  NOTE FOR REPS: If they have one, please ask to see it and comment on what you have seen  18. If the next of kin/carer of the patient had any	communication needs, is information provided to them in a format that is accessible to them?	19. How would you know this and would it be on the patients records? 20. Is there anything you would like to share with	Healthwatch Kedbridge?	Information for Manager when leaving Inform them that we will send a copy of the report within 20 working days for your comments & corrections if necessary.			pro
		Comments Yes No Comments	Last date of training	Yes No Yes No Yes No	Comments	Comments Yes No Comments	Comments		
7. Is there a process in place to ensure that the doctor/nurse dealing with the patient whilst they are in the surgery are aware of their communication needs before they start to interact with them?	8. Is there a hearing loop in the surgery, if there is what type of loop is it?  • Fixed/Portable/Both  9. Have staff been provided with training on how to use it?	10. Are patients made aware that a hearing loop is available?	11. What training is provided to support all staff to communicate effectively with patients?	Deaf awareness training Communication training Dementia awareness Easy read training	40 11 - 4 - 1 - 4 - 4 - 4 - 4	12. How often do you have this training?      13. Is information available in different formats to Yes make it accessible to all patients and are patients aware of this? For example: large print, Comments easy read, Braille, Audio.	NOTE FOR REPS: Please ask to see examples of this if possible and comment on what you have seen 14. What format do you provide for people with:	a. Hearing impairment b. Visual impairment c. Learning disabilities	64
RGE at		Yes No Please explain		Comments	Comments		Yes No Comments Comments	Comments	
Questions for MANAGER/PERSON IN CHARGE at  GP Surgery  Name of Surgery:	Name of Authorised Representatives:  Date:	Are patients asked about their communication needs when they first register at the surgery? For example:     Are they asked if they have difficulties with	sight/hearing? • Are they asked if they have a learning disability?	What have you put in place for existing patients     to ensure that you are aware of their     communication needs?	How are these needs recorded if they have any! Comments	NOTE FOR REDS: If the manager seems unsure you can prompt them with the following questions:  Are they recorded on a database?  Or by any other means?	4. When a patient presents at reception, is there a 'pop up' which flags their needs?     Fives. what system do you use?	6. If there is no system in place can you explain the Comments reasons for this?	

## Appendix 4 - Questions for other staff

		8	Ž	2	Ŷ.									No.		
Comments		Yes	Vex	Comments	Yes Comments				Yes No	Comments			Comments	Yes	Comments	Comments
<ul> <li>6. Is there a hearing loop in the surgery, if there is what type of loop is it?</li> <li>• Fixed/Portable/Both</li> </ul>	7. Are you aware of the ways that information should be provided for neonle with:	hearing impairments	speciment in the second	Visual Impairments	<ul> <li>Learning, disability?</li> </ul>	If yes, what are they?	NOTE FOR REPS: If the member of staff is struggling to give some examples you can prompt them.  • Hearing impairments -British sign language, subtitles on TV	<ul> <li>Visual impairments - Large print or audio</li> <li>Learning disabilities - Easy Read</li> </ul>	8. Do you have a communications book?	NOTE FOR REPS: If they have one, please ask to see it and comment on what you have seen	<ol> <li>If there was a fire or emergency do you know if there is an appropriate alarm for those with hearing impairments? If yes, what is it? If possible,</li> </ol>	can you show us:   Rashing red light	<ol> <li>In the event of a fire, what is the procedure for evacuating those who are Deaf or Blind?</li> </ol>	<ol> <li>Has there been a fire drill and if yes, did it flag up any problems?</li> </ol>		<ol> <li>Is there anything you would like to share with Healthwatch Redbridge?</li> </ol>
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rgery			Yes N Comments				Yes Comments	Yes		Yes	ments	Yes	Comments			Comments
Questions for STAFF in GP Surgery Name of Surgery:	Name of Authorised Representatives:	Dates:		<ol><li>Have you been provided with training on how to support patients with:</li></ol>	NOTE FOR REPS. If they answer yes, please ask what	anning it was and tick the appropriate box	Visual impairments: blind & partially sighted On-line Face to face  Both	Hearing impairments: profoundly deaf & hard of hearing	Face to face	u learning Dicabilities		3. Do you feel that you would benefit from any other training with regard to AIS?	4. How would a patient that has a specific need be identified? Let had hearing impairments, visual increases to be a second seco	Would it be flagged up on the computer system	Electronic system A card provided by surgery they show to staff on	5. How would a patient with a hearing impairment know that they had been called for their

# Appendix 5 - Questions for Patients

Yes	, , , , , , , , , , , , , , , , , , ,	S G	Comme		Comme		Yes	Please		_	_					
5a. Do you feel that the doctors are able to help you effectively according to your		you effectively according to your	communication needs: 6. If not, how do you feel this could be	improved?	7. What, if anything can be done to improve the way information is provided to you? For example:	<ul> <li>large print,</li> <li>audio (spoken/recorded information)</li> <li>easy read</li> </ul>	8. Has there ever been a time when your communication needs have not been met?	For example, when being called for an appointment or provided with written	information	9. Is there anything else you would like to talk to us about?						
				No	N <sub>o</sub>	N <sub>o</sub>		No	, 60			N <sub>o</sub>	lain	No	lain	
urgery				Yes Comments	Yes Comments	Yes Comments		Yes	Comments - Please state			Yes	Please explain	Yes	Please explain	
Questions for PATIENTS at GP Surgery	Name of Authorised Representatives:	Date:	1. When you registered at the surgery were you asked SPECIFICALLY if you had any:	hearing problems	<ul> <li>problems with your sight</li> </ul>	<ul> <li>Or needed easy read information?</li> </ul>	2. How were you asked about this?	<ol><li>Do you HAVE a communication need such as those mentioned above?</li></ol>	NOTE FOR REPS: If the patient answers yes, please continue with the questions, if they	answer no, please say "we are here today to	so we don't need to keep you any longer. Thank you."	ff aware of your communication	needs:	ole to	netp you effectively according to your communication needs?	

## Healthwatch Redbridge

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